WW’s NEW myWW+, the holistic weight-loss program that’s made for you, gives you 
the tools to make healthier choices—and reach your wellness goals—so that you don’t have to rely on willpower alone. 

With myWW+ you’ll get....
A customized, science-backed action plan based on how you eat, move, sleep, and think+ 9,000+ delicious recipes so that 
you can eat what you love+ New app features including workout 
videos and meal planning toolsAnd so much more to help you stay on track!We’re the #1 
Best Weight Loss Diet 
for 11 years in a row!

Best Diets U.S. News & World Report
Weight Loss 2021Image of a man smiling as he is unpacking the Fresh Start Kit box in his kitchen

WW Fresh Start Kit includes: myWW+ Starter Guide, $50 coupon booklet, The WW Mediterranean Table cookbook, food chopper, cookbook/tablet holder, set of tea towels, and set of flex chopping mats. While supplies last. Kit contents may vary. Over $100 value

Registration will be available (most major credit cards and personal checks are accepted).

Join by May 31 to get a

with your WW membership!

**FREE WW FRESH START KIT OFFER:** To get a free kit, you must purchase a WW membership plan between April 1 and May 31. Available only where WW membership plans are offered through your employer or health plan, and in participating areas only. One kit per member. Kit must be redeemed by June 12. While supplies last. Over $100 in value includes $50 worth of coupons. U.S. addresses only. Please allow at least 3 to 4 weeks for delivery. Offer not available to current members. Offer may be revoked at any time and may not be redeemed for cash. Nontransferable. Void where prohibited.

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Registration will be available (most major credit cards and personal checks are accepted).

**1** Sign up for WW by contacting mary.nagle@asburyseminary.edu between April 1 and May 31, 2021. Partial scholarships available!

**2.** Get your WW Fresh Start Kit at [WW.com/atworkgift](http://ww.com/atworkgift)